

Challenges Meeting Mental Health Needs of Patients in Family Practice

The mental health care needs of my patients are being well met by the overall healthcare system:

- Strongly Agree Agree Neutral Disagree Strongly Disagree

Check all items below that *significantly* impact your ability to provide mental health care to your patients. Indicate (e.g., circle, star, ...) your top three concerns.

CHALLENGES WITH PATIENTS

- can't/won't provide adequate history
- unrealistic expectations
- don't understand instructions
- don't follow instructions
- don't arrange/attend followup appointments

ACUITY OF CARE FOR FAMILY PRACTICE

- patients too acute to manage safely
- patients too acute or complex to manage well
- not confident can accurately diagnose
- not confident choosing investigations
- not confident creating treatment plan
- not confident picking best medication options
- not confident managing medication use

PATIENT MANAGEMENT

- no time to adequately assess symptoms
- no time to order investigations, document
- no time to create overall treatment plan
- no time to answer patient questions
- no time to manage followup treatment
- too many problems to squeeze into one visit
- longer appointments needed but unavailable
- challenges with telephone/video appts

Your Name: _____

(optional; will be kept confidential)

ACCESSING PSYCHIATRY (ISLAND HEALTH)

- referrals rejected (patients not acute enough)
- referrals rejected (other)
- patients need ongoing care (only got consult)
- wait time for accepted referrals too long
- not helpful in clarifying diagnosis
- not helpful in managing treatment

OTHER PSYCHIATRY (NON-ISLAND HEALTH)

- referrals rejected (patients not acute enough)
- referrals rejected (other)
- patients need ongoing care (only got consult)
- wait time for accepted referrals too long
- not helpful in clarifying diagnosis
- not helpful in managing treatment

OTHER RESOURCES AND ISSUES

- RACE line not helpful
- few accessible/affordable counsellors
- lack of useful patient education resources
- financial disincentives
- other priorities
- increased demand due to COVID-19
- prescribing restrictions etc. from College

MISSING ANYTHING? OTHER COMMENTS?
